

Dallas County assistance programs

Find help with bills, health care, rent, and other aid.

The goal of the **Urban League of Greater Dallas** is to help families and individuals with short term assistance with bills and expenses, and also provide resources and program to ensure people become self sufficient. They operate several offices throughout Dallas County, including in Irving, Garland, Pleasant Grove, Oak Cliff and other neighborhood locations. They have several programs and resources they offer people, and some of them are below.

Dallas County Welfare 214-819-1800

Housing Crisis Center T. 214.828.4244

4210 Junius St., Dallas, TX 75246-1429

Crossroads Community Services T. 214.560.2511

1822 Young St., Dallas, TX 75201

Salvation Army—Carr P. Collins Social Service Center T. 214.424.7000

5302 Harry Hines Blvd., Dallas, TX 75235

Martin Luther King, Jr. Community Center T. 214.670.8416

2922 MLK Jr. Blvd. Room 135, Dallas, TX 75215

Employment and job finding

The Urban League offers services to individuals that provide them with job placement, job readiness, training, and career development workshops. They offer monthly recruitment by working closely with area employers who partner with the League.

Housing and rent assistance

Another program for low and moderate income families and individuals have several resources available to them. Included are the following programs:

- Foreclosure Prevention, Counseling and Mitigation
- Emergency assistance with paying monthly rent, utility payments, and even mortgage payments. Short term grants to be used for rent payments, security deposits, and rent arrearage can be provided.

- First-time home buyers workshop
- Down payment assistance is offered to potential homeowners through the individual Development Accounts (IDA)
- Find additional ways to get mortgage assistance. [Click here.](#)

Budgeting and Credit Help

To become self sufficient over the long term, it is important for people to get out of debt and improve their credit. So to help in that capacity, the Urban League can provide the following. Mortgage counseling, money management and budgeting, credit repair, credit card debt help.

Senior Support Services

- Employment, GED and other support services to hurricane evacuees
- Tax Preparation Assistance
- Support services to Grandparents and Seniors Resource Group
- “Back on Your Feet” Entrepreneurial Program
- Holiday, food and toy assistance
- Case management and Housing services are offered to homeless veterans
- Benefits and checkups to seniors
- Home Equity Conversion Mortgages
- Job placement assistance and employment training
- Technology training

Energy Bills

They can help people through the process of applying for the Low Income Home Energy Assistance Program. (LIHEAP). This program help people pay for energy bills, including summer cooling bills. There is also an emergency crisis component that will help people and provide them grants if they are facing a service shut off.

Other assistance programs

Some of the other aid from the Urban League of Dallas includes food and gasoline vouchers for free gasoline, toys and gift vouchers, tax preparation through the VITA program, and utility bill payments.

Contact the **Urban League** at 4315 S. Lancaster Rd. Dallas, Texas 214-915-4600. They can also refer you to their local offices in Pleasant Grove, Garland, and Irving.

Help with bills and expenses

A local charity that offers numerous services and resources to qualified families is the Dallas Texas area **Catholic Charities** ((214) 826-8330). Some of the resources they offer include funds for a crisis (such as rent, utility bills, and medical expenses), food aid, a thrift store, and even free tax assistance and preparation.

Irving Cares is another non-profit charity organization that offers financial assistance. The organization has access to funding and grants to assist Dallas area and Irving residents experiencing a temporary financial crisis or hardship. Clients of the area who need help with paying their rent, mortgage, or utility bill payments must pre-qualify by phoning (972) 721-9181. In addition, they also have a food pantry on site, and also have counselors who provide jobs finding tips and advice.

Lancaster Outreach Center also offers grants for paying rent, utility bills, medical expenses, prescription drugs, and more. They also offer home repairs, gasoline vouchers, foreclosure programs, and other services. Call the agency at 972-227-0138.

The Bethlehem Foundation (phone (214) 371-3407) provides financial assistance and support is given to low-income families only. They can also help with an eviction or utility service disconnection. They may also be able to offer prescription medication assistance.

If you have children, and at least one family member is working or is employable, you may be eligible for aid from **Interfaith Housing Coalition**. The non-profit provides 4-6 months of family mentoring and advice, and the counseling is included with limited Rent Payment Assistance as well as gas and Electric Bill Payment Assistance. Call the Dallas agency at (214) 827-7337.

The northern part of Dallas County is served by **North Dallas Shared Ministries**. They offer a multitude of assistance programs, including providing Bus Fare, Discounted Clothing, and access to groceries and a food pantry. In addition, qualified individuals may be able to receive Utility and Gas Bill Payment Assistance. They even offer some medical programs, such as glasses, contacts, medical exams, eye exams, and prescription medications. Dial (972) 620-8696.