

## SUPPORT GROUPS FOR THE GERIATRIC PATIENT

### **Jewish Family Service of Greater Dallas**

5402 Arapaho Rd.

Dallas, TX 75248

(972) 437-9950

- Caregiver support group
- Grief therapy support group

### **Alzheimer's Association-Dallas Chapter**

Multiple locations: call 214-540-2407 to find the closest site near you

- Support groups promote understanding of and coping with Dementia
- Provide education and social interaction in a comfortable environment

### **Alzheimer's Disease Center**

UT Southwestern-James W. Aston Building-4<sup>th</sup> floor

5303 Harry Hines Blvd. Dallas, TX 75390

3<sup>rd</sup> Friday of every month at 1 :00 p.m.

Call ahead for information (214) 645-1972

(214) 648-9368

- Alzheimer's support group ~ caregivers only
- Learn coping skills and information on the illness

### **Family Caregiver Classes (provided by Alzheimer's Association of Dallas)**

Call 1800-272-3900 to register

- Education on safety, daily challenges, and communication
- How to care for your loved one
- Caring for the Caregiver
- Alz.org ~> put zip code in to find local chapter ~> click on chapter ~> then click on Education Programs on left hand side