

TRACKS

Psychotherapy Track

The UTSW Psychotherapy Track provides clinical and educational experiences for residents interested in developing advanced psychotherapy skills and scholarship. This track supplements our residency's robust core psychotherapy curriculum training. Track residents can also focus on a specialty concentration, including beginning their certifications in cognitive behavioral or psychoanalytic therapy.

All residents may discuss interest at any level. Formal application to the track will be completed at the end of PGY2 year to begin PGY3 year.

Residents on this track: Whitney Smith Hagan, Emily Sandlin

If interested, please contact Dr. Nakamura (Alyson.Nakamura@UTSouthwestern.edu)

Clinician–Educator Track

Residents who aspire to a future as academic clinical psychiatrists may apply to this track where they will focus on teaching and presenting skills, curriculum development, administrative abilities, and learning how to turn clinical and teaching enthusiasm into scholarly productivity. Track residents work closely with a primary mentor and develop a network of secondary mentors. They discuss education and career development topics with these junior and senior faculty members during bimonthly meetings, and residents are encouraged to work with their mentors towards attendance, presentations, and awards at national meetings. Educator Track residents also have priority for scheduling education electives (such as the VA Teaching Elective). Graduates of the track are invited to remain on the Educator Track Committee as faculty members. Overall, track activities are intended to be enjoyable and help the residents develop and reach personalized career goals.

An application for the track is sent out to all second year residents around November. We try to accommodate as many residents as possible, but space may be limited if interest is high.

Residents on this track: Sarah Baker, Josh Lord, Alex Cole, Samaiya Mushtaq

If interested, please contact Dr. Camp (Molly.Camp@UTSouthwestern.edu).

Women's Mental Health Track

This track includes rotations at Parkland Memorial Hospital, the Dallas Veterans Affairs Medical Center, and in psychosocial research in order to develop expertise in psychiatric issues specific to women, with a strong emphasis on peripartum psychiatry and gender-specific, evidence-based interventions. WMH track accepts 1-2 residents (PGY3), and no formal application needed other than to contact Dr. Shivakumar and discuss.

*just added a new site! Elective at UTSW/Bass clinic with Dr. White/Dr. Harrison

Residents on this track: Carolyn Morrow

If interested in joining, contact: Dr. Shivakumar Geetha.Shivakumar@va.gov or Geetha.Shivakumar@UTSouthwestern.edu

Community Psychiatry Track

This track includes community psychiatry rotations at the Metrocare Services Center for Education & Research in specialized community psychiatry settings such as homeless and other community clinics, along with a didactic series in community psychiatry issues. A community psychiatry research

experience is also available on this track. The progression of public psychiatry clinical experiences and didactics on this track will prepare the resident to become a future leader in public mental health.

Residents on this track: Rie Sharky

Contact for this track: Carol North, MD (carol.north@utsouthwestern.edu)

Research Track

[From our website] “Our research track residency program, called Translational Research Activities in Neuropsychiatry (TRAIN), is currently funded by NIMH (R25MH101078; MH Trivedi, PI). The program is designed to allow flexibility for residents to develop and implement projects. TRAIN residents will have access to didactics, financial support, and protected time for research. [...]

We offer opportunities in Basic Research, Clinical Research, and Translational Research. “

<http://www.utsouthwestern.edu/education/medical-school/departments/psychiatry/assets/train-more-info.pdf>

Residents on this track: Rabia Ayvaci, Andy Czysz, Carli Mendoza, Gustavo Medeiros, Bilge Turkozer

Rural Mental Health Rotation *In development; hoping to turn into a track*

The State of Texas currently ranks 46th lowest in the US for access to mental health care. At this time a rural psychiatry experience/rotation is being developed for UTSW psychiatry residents interested in learning more about rural mental health. The goal of this rotation would be to help stimulate interest in a future career in underserved Texas by exposing residents to rural mental health care systems.

Residents that participate will have the opportunity to travel to an underserved community outside of the Dallas-Fort Worth Metroplex and work closely with a psychiatrist, mental health authorities, and other mental healthcare workers to learn how these systems operate.

Residents developing rotation: Karen Duong, Rachel Zettl

Global Mental Health Rotation *in development; hoping to turn into a track

This track is in its beginning phases. Residents have been working on setting up a 4-week Global Mental Health selective this year (late spring). The purpose of creating this rotation/track is to develop a better understanding of mental illness outside of the United States, continue to learn how culture influences mental illness and how mental illness is conceptualized through the lens of other cultures, and to learn how people in other countries with less resources treat mental illness. Although we are in the beginning stages of this track, we hope that it will eventually be a more structured program with involvement through all PG years. PGY1s might begin with doing literature review and having mentorship from faculty interested in GMH. Journal club with all members of the track could be done multiple times throughout the year to discuss topics related to GMH. Opportunities to travel to countries seem to be most possible for PGY2 and PGY4 years.

Residents developing rotation/track: Theresa DeFreitas, Monica Gonzalez, Gustavo Costa Medeiros