

TASK FORCES/INTEREST GROUPS

Diversity Task force -Task force leader = Rogelio Garcia

In the spring of 2016, then PGY3 residents, Olubunmi Obiri and Jessica Moore, brought issues of race and diversity to the attention of program director, Dr. Adam Brenner. The Race, Diversity, and Inclusion Task Force was created in May of 2016 in an effort to address matters of diversity within the University of Texas Southwestern (UTSW) Psychiatry Department. The Task Force was approved by the Residency Education Committee (REC) in June 2016.

The Task Force worked toward a vision of moving from a mindset of diversity as an independent goal to a mindset of diversity as a path to excellence through the implementation of four initiatives: Recruitment, Creating a safe place to train, Patient care, and Resident education.

Goals include:

- Educate faculty, staff, and residents that racism still exists in America and within our program. Educate faculty, staff, and residents about issues such as microaggressions and institutional/structural racism.
- Create a safe place in the program to be able to discuss issues of race and culture. UTSW should be a comfortable place for all residents to train.
- Increase the recruiting efforts of underrepresented minority residents (URM) and teaching faculty including at the medical student level.
- Educate residents, faculty, and staff on issues pertaining to race in patient care settings.

LGBT Task force – task force leader = Andy Czysz

Mission:

LIT's mission is to ensure that UTSW has the resources and support available to all healthcare providers to better serve LGBT individuals. To accomplish this in the short term we provide education, mentorship and improvements in patient care services. To ensure long term improvement, we work to increase awareness of issues facing vulnerable populations and actively recruit residents and faculty with special interests in LGBT health.

Vision:

LIT's long term vision is an academic community that is educated and equipped to care for the unique medical and psychiatric needs of LGBT individuals.

Bad Outcomes Task Force –task force leader = Monica Gonzalez

The bad outcomes task force was created in an effort to help develop ways in which residents can become better prepared for a negative outcome and more open communication can be facilitated between faculty and residents surrounding negative outcomes. Specifically, patient suicide is an almost

inevitable outcome for every psychiatrist at some point in their career. The task force would like to discuss ways to prepare for, protect against, and then process the experience of an adverse outcome.

Areas of focus identified: Systems/science, Legal aspect, Coping/personal

Wellness Task Force –task force leaders = Rie Sharky, Rachel Zettl

What each of the above groups do?

Here is the official Dr. Brenner approved blurb:

The Internal Medicine and Psychiatry Wellbeing Workgroup is an interdisciplinary, interdepartmental collaboration involving housestaff, faculty, administrators, and university based business personnel to improve access to healthcare and wellness for post-graduate trainees. Since its foundation, the task force piloted the first ever Resident Care Coordinator who has been assisting busy residents make appointments with primary care physician, pediatrician, dentists, mental health providers, urgent care, pet care, child care, babysitting services, or other general inquiries regarding services residents might need. We believe this coordinator will help minimize resident burn out and improve wellness. Future goals include developing a wellness curriculum that will impact residents when they rotate through the consult service as well as optional wellness activities for all residents and faculty such as yoga, hiking, mindfulness, etc.

This is not official or approved by Dr. Brenner:

The Psychiatry Wellness Task Force (WTF) was formed out of a resident retreat in 2016 in order to have a directed group of psychiatry residents who are dedicated to executing wellness goals of residency program such as gym memberships, low cost therapy, coordinated social events and resident care coordinator. This group will act as a liaison with the Internal Medicine and Psychiatry Wellbeing Workgroup to promote ongoing wellness/wellbeing initiatives.

Like what spurred their creation what could one expect if they were more involved, and what are goals for future?

IMPWW - created by a former IM and Psychiatry resident who were moved to advocate for resident wellness and wellbeing in partnership with departmental leadership. Goals this year is to promote a single employer for residents, to assess resident resilience and test a resilience building tool, to host a combined social activities with residents and faculty, to continue the resident care coordinator.

WTF was formed out of a resident retreat in 2016 in order to have a directed group of psychiatry residents who are dedicated to executing wellness goals of the residents. Goals this year include hosting wellness activities for residents, coordinating efforts to assist communities after the devastating hurricanes, acting as a resource for resident wellness such as regular emails, reminders, announcements about ongoing wellness activities, care coordinator, etc.

Literature and Psychiatry – PGY3/4s Melissa Wallace, Rachel Sherhart, Sarah Baker

Residents meet as a group to choose the readings and develop the discussion guide for the Literature and Psychiatry Special Sessions that occur 3 times per year during didactics. We meet at 5:00 p.m. on Tuesdays for about 3-4 afternoons leading up to the Special Sessions. Residents who are unable to

make it to the meetings can contribute over e-mail. We are also considering starting monthly brunches to discuss possible readings for the seminars.

Philosophy of the Mind- PGY4s involved- Sarah Baker, Whitney Smith, Samantha Williams

Residents all contribute food and/or wine and discuss our thoughts about either a (short) reading or movie related to Philosophy of the Mind! Meetings are very casual and occur once per month (on average) at a resident's home. No formal philosophy training needed!